

# FOCUS

SPRING : 2020



## We are All in This Together.



Valley View is here for the community. We care for our patients when dealing with life-threatening emergencies like a heart attack, welcoming new family members in our Family Birthplace, or most recently, contending with COVID-19.

Many Foundation supporters have asked what they can do to help in this crisis. The Foundation has created a special Valley View COVID-19 Response Fund to make an immediate difference. The needs of your hospital and its staff are constantly evolving, but at the time of this writing, these are some of our greatest necessities:

- Improved isolation rooms – help fund the adaptation of regular patient rooms to ‘negative airflow’ rooms to contain the spread of the virus.
- New batteries – the highly specialized lithium batteries that power breathing in hazmat suits worn by front line healthcare workers are incredibly expensive, costing one thousand dollars per battery, per suit.
- Ante room – help support the creation of a space to assess and treat prospective cases of COVID-19.

Valley View has led measures to keep patients and staff safe while preparing for COVID-19

patients. For example, we are limiting access and visitors into the hospital and clinics; adding telehealth capabilities among primary care teams to keep people with mild symptoms at home; suspending elective procedures and patient care; and postponing community events and classes. We have taken these actions to protect our community and our most vital resource—our staff—so they can best focus on those who need care and treatment the most.

In addition, two of Valley View’s operating nurses, Brady Heuer and Kristen Dirksen, devised a way to create a protective cover to help extend the life of the N95 protective masks. Currently, there is a shortage of N95 masks globally. This handmade protective cover will allow Valley View to be even more prepared, should the need arise locally. Staff from areas of the hospital that have suspended their activities have stepped in to help sew these protective covers. To date, hundreds of these covers have been made and are ready to use.

“Brady and Kristen’s innovation is absolutely remarkable. These are the kinds of ideas that will carry us forward in the care of our patients.” — Dr. Murphy, Valley View CEO

To learn how you can help, visit the Foundation’s website at [vvh.org/foundation](http://vvh.org/foundation) or call our office directly: 970.384.6627.

Your gift makes a difference. Thank you!

If you think you might have COVID-19 but aren’t in need of medical assistance, remain at home and call the new bilingual Aspen to Parachute COVID-19 hotline: 970.429.6186. Operators can transfer callers to nurses at all of our local hospitals for additional concerns.

# Letter from Patti Miely

Valley View Foundation President



## The many moods of Spring!

One day it is 50 degrees and the next it is cold and snowing. Just like spring, our lives have a way of throwing us curve balls. I feel so fortunate to have Valley View's world-class facilities in our community. We often take our health

for granted, but we all know things can change in a day. My heart goes out to all who have lost loved ones and to those struggling with illness. I especially want to recognize two wonderful Valley View physicians who we lost recently, Dr. Christiaan Maurer and Dr. Marti Oppegard. We grieve their passing and are reminded how quickly life can change. Embrace every day!

In view of the current health situation that has erupted in the World, the Foundation has created COVID-19 Response Fund. This Fund will be used to address the emerging needs associated with COVID-19 at Valley View. If you would like to help with this initiative or change a current pledge to help with this effort, please contact John Quinn 970.384.6627 or Bridgid Dunlap 970.384.6624.

Valley View Staff is working 24/7 to ensure our health and safety, while their own families are home without parents, spouses and loved ones. We are so grateful for their dedication to care for our community.

I end this note with our deepest gratitude for the generosity of our donors. Every one of our donors is part of the Valley View family, and your continued support impacts the health of our community, helps maintain the quality of care at Valley View and ensures our independence in the future. THANK YOU!

With warm wishes for a bright and sunny spring,  
**Patti Miely, President**  
**Valley View Foundation Board of Directors**

*If you would like to learn more, please contact John Quinn at the Valley View Foundation at 970.384.6627 or you can contact me directly at 970.704.9121.*

# Cornerstone Employee Giving Spotlight

Each day, Valley View employees go above and beyond to serve our patients. Many choose to give back outside their day-to-day tasks by making a donation or volunteering.



*"Giving to the Rally Fund is an opportunity for me to support more patients than I can in my day-to-day work at Valley View. It takes a village to fight cancer, and I love the opportunity to be part of a community that recognizes the importance of that."*

*Martina Skenderova LAc,  
Acupuncturist, Integrated Therapies and  
Cornerstone Employee Donor since 2017*

## What will your legacy be?

When you consider Valley View in your estate planning, you make an impact in the Valley that will not only be your legacy, but also support future healthcare endeavors that touch lives for years to come.



*"We are pleased to support Valley View in its mission to provide state-of-the-art health care to our community with our legacy gift. It is important to us that our hospital remain community-based and managed locally for generations to come."*

*Tom and Bernadette Ossola,  
Legacy and Summit Circle Donors*

*To learn more how you can make a legacy gift, contact John.Quinn@vvh.org or 970.384.6627.*

# 2020 Summit Circle Reception



*Don Flaks, Enis Alldredge, John Schneider*



*Ken Miely, Margo Calvetti, Patti Miely*



*Dawn and Marc Sculco, Charlie Crevling, Dr. Gregg Minion*



*Larry and Susan Marx*



*Dr. Marcus Howell, Dr. David Marcus, Dr. David Brooks*



*Sue and Bob Hess*

# More Advancements for our Breast Health Program

Thanks to an incredible philanthropic gift from Marlene Miller, Valley View's breast health program includes a dedicated team and is launching new technologies.

Breast density can hide breast cancer on mammography, even on 3D mammography. Fatty breast mammography is thought to be about 88% sensitive for breast cancer, but in dense breasts that sensitivity can fall as low as 55%. Additionally having dense breasts alone can increase your risk of having breast cancer 4 to 6 times compared to a person with fatty breasts. Supplemental screening with automated whole breast volume sonography (ABVS) can help improve the sensitivity of screening in dense breasts up to 88% (like fatty breasts).

To best serve our patients, Valley View is excited to announce it will be implementing the use of the following technologies:

- *Volpara is a fully automated breast density software that will help quantify breast density for those who should have ABVS (to reduce subjectivity).*
- *Qview is an artificial intelligence product that helps our radiologists more quickly and accurately interpret information from ABVS.*
- *GE Invenia ABUS is the whole breast ultrasound machine that can help us identify cancer earlier in patients with dense breasts.*

## Did you know

- **Valley View is opening a pre-surgery clinic for patients to best prepare for their surgery.**
- **A new fifth operating room is under construction.**
- **Valley View has achieved Stroke Ready Certification. This certification is for the intake of patients who are having a stroke before transferring them to a primary stroke treatment center.**





# RALLY

THE VALLEY 

**Save the Date!**  
**Rally the Valley 2020**  
**Saturday, September 12**

*Contact Bridgid Dunlap for sponsorship information  
970.384.6624 or [Bridgid.Dunlap@vvh.org](mailto:Bridgid.Dunlap@vvh.org)*

# Meet the New Physicians at Valley View

As Valley View works to meet the primary healthcare needs of our community, we are excited to welcome new medical providers to the Roaring Fork Family Practice, Pediatric Partners and the new Silt Family Practice.



**Chad Knaus, MD**

Dr. Chad Knaus is the newest board-certified family medicine physician at Valley View's Roaring Fork Family Practice. Dr. Chad is bilingual in Spanish and English. He is well-versed in the full spectrum of rural family medicine, including emergency medicine, pediatrics and geriatrics. His education, training, and medical work have taken him to rural destinations around Colorado and the world, including Puerto Rico, Peru, and Guatemala.



**Dan Galka, MD**

Pediatric Partners welcomes Dr. Dan Galka. Dr. Galka was born and raised in upstate New York. He earned his medical degree from the State University of New York (SUNY) and its acclaimed Renaissance School of Medicine at Stony Brook. Dr. Galka completed his pediatric residency at the Naval Medical Center San Diego. After eight years' active duty in the Navy as a lieutenant commander, he comes to Pediatric Partners and Valley View Hospital most recently from North Carolina.



**Pamela McGrogan, MD**

Dr. Pam McGrogan is a family medicine physician at Valley View's new Silt Family Practice. This Canadian-born healer completed medical school south of the equator at St. George's University in the West Indies, where she graduated magna cum laude. Prior to medical school, she earned her undergraduate degree in Neuroscience, again graduating with honors, from the University of Alberta in Edmonton. She places an emphasis on lifestyle medicine, a specialty in which she counsels and treats patients for disease reversal and prevention.

# 2019 IMPACT

*YOU* made the following possible



## Library

1,335

Valley View  
library visitors

44%

of library customers credit the  
information received from the library  
led to healthier lifestyle choices.



## Heart & Vascular

0%

Infection rate in the  
cath lab since 2007

125

heart attack  
interventions



## Kids & Teens Safety Fair

2,400

Attendees

600

Free bike  
helmets distributed

60

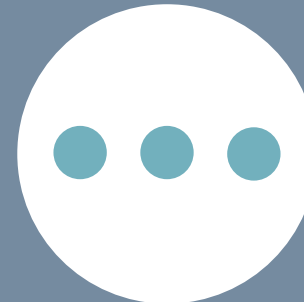
Unsafe car seats  
destroyed and  
replaced at no cost

113

Car seats checked  
by certified  
volunteers

72

New free  
car seats  
distributed



## Other Areas

12

Scholarships were awarded to  
Valley View nurses looking to  
further their education

80

Teens worked toward  
addiction recovery at the  
Youth Recovery Center

500

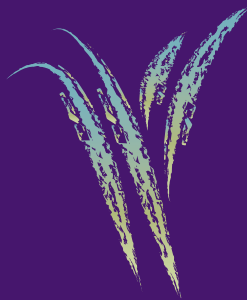
Cancer Patients provided with aid,  
comfort, and support

# Thank you!

Your gift matters.

Your donations provide patients of the Calaway•Young Cancer Center an opportunity to receive complimentary services and resources including acupuncture, massage, support groups, emergency assistance and more.

**This would not be possible without your support.**



[VVH.ORG/FOUNDATION](http://VVH.ORG/FOUNDATION)

## Help a cancer patient Rally.

**In 2019, donations provided cancer patients with:**

**2,983**

hours of hands-on therapies such as massage, healing touch and heartmath®

**1,134**

acupuncture sessions

**299**

gas and grocery cards for patients in need

**109**

Tai-chi participants

**85**

hours of art therapy

**26**

grief support therapy sessions

**104**

yoga participants

**52**

Coffee Walk & Talk meetings, 20 participants per meeting

**85**

hours of labyrinth walks

**807**

nights of lodging for patients in need

**33**

sound therapy participants

**15**

men's support therapy sessions

Because you Rally,  
we thank you.



Saturday, Sept. 12, 2020



—2020  
Valley View Foundation  
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Everyday, **PHILANTHROPY** plays an important role at Valley View.

Contributions large and small help bring new **TECHNOLOGY** to Valley View, enabling patients to receive important services and treatments **LOCALLY**. In 2019, donations brought world-class **HEART CARE** to our community, helped care for our cancer patients and furthered **COMPASSIONATE**, exceptional care.

The amazing, generous people listed on the following pages have enabled the Foundation to accelerate excellence in healthcare at **VALLEY VIEW**.

Thank you for your continued generosity. With your philanthropic support, Valley View will continue to provide health and well-being for our community, both today and in the future.



**THE LEGACY SOCIETY**

Kelly Aremburg | Karen Bannerot | Janice Barker  
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# WE ARE *Lucky* TO HAVE OUR DONORS!



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\$100,000 - \$499,999  
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Pete & Sondra Welles

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\$50,000 - \$99,999  
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Greg & Nancy Wolf\*  
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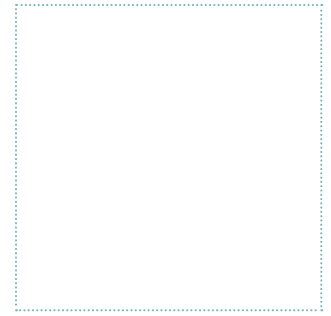
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