

2012

# Executive Summary

Valley View Hospital  
COMMUNITY HEALTH NEEDS ASSESSMENT



Center for Health Administration  
University of Colorado Denver

## EXECUTIVE SUMMARY

### OVERVIEW

The Center for Health Administration (CHA) at the University of Colorado Denver was retained to conduct data collection for the 2012 Community Health Needs Assessments (CHNA) for Valley View Hospital per Internal Revenue Code requirements. As part of the Affordable Care Act of 2010, each freestanding non-profit (501-c3) hospital is required to conduct a CHNA every three years. This report is the first CHNA on behalf of Valley View Hospital that complies with the IRS mandate. This CHNA describes the health status of the hospital's community and is to be used by the hospital and other collaborators when it develops an implementation plan that addresses the identified community needs. The CHNA will be submitted to the IRS with the implementation plan.

### METHODOLOGY

Data for the Community Health Needs Assessment (CHNA) was predominantly collected from the Colorado Department of Public Health and Environment (CDPHE). The CDPHE's Colorado Behavioral Risk Factor Surveillance System Survey was used to determine information about adult behaviors that impact health, such as substance abuse, eating and exercise habits, and smoking. The national Youth Risk Behavior Survey was consulted to determine behaviors that impact the health of students in 9<sup>th</sup> through 12<sup>th</sup> grades. The CDPHE's data base was also probed for information on mortality rates for a variety of health indicators. Many other sources were also used to provide information relevant to each topic area.

This report mirrors applicable parts of the CDPHE's Colorado's 10 Winnable Battles which identifies key health issues where progress can be made in the next five years. By aligning with the CDPHE, Valley View Hospital joins forces with an ally in efforts to make an impact on improving the health of its hospitals' communities. Through this process, Valley View Hospital also meets stipulations set by the Affordable Care Act (ACA) that requires hospitals to collaborate with their Public Health Departments to improve their communities' health.

To ensure alignment with publically available CDPHE data, Colorado counties make up the geographic area for the 2012 CHNA. The Primary Service Area for Valley View Hospital (VVH) is Garfield County. Other counties are included for comparison purposes only.

## HEALTH INDICATORS

The health indicators that were chosen for this report were selected based on publically available CDPHE data, and many were also identified as part of Colorado's 10 Winnable Battles. The health indicators are as follows:

- Overall Health Status
- Access
- Cancer
- Diabetes
- Heart Disease and Cerebrovascular Disease
- HIV/AIDS
- Communicable Disease
- Injury
- Mental Health
- Obesity, Nutrition and Physical Activity
- Oral Health
- Sexual Health
- Substance Abuse
- Tobacco

**COMMUNITY HEALTH NEEDS ASSESSMENT SUMMARY TABLE**

The following Community Health Needs Assessment (CHNA) Summary Table shows, at a glance, the health status of the counties in the hospital’s primary service area. Each health indicator has several measurements that are rated in comparison to the state average. Indicator rates that are worse than the state average are given a red square, indicator rates that are better than the state average are given a green square, and indicator measurements that are within +/- 1.0% of the state average have a yellow square.



If county data is not available, then state rates are compared to national rates, but only if the two are comparable. The same colored legend is used for comparing state and national rates. Not Available (N/A) is typically due to absent data or a small sample size that cannot demonstrate statistical significance.

Valley View Hospital						
Community Health Needs Assessment						
Health Issue	Measurement	Garfield	Eagle	Summit	Pitkin	State
Access	Health care coverage					
	Eligible adults not enrolled in Medicaid				N/A	
	Eligible children not enrolled in Medicaid					
	Eligible children not enrolled in CHP+					
Cancer	Clinical breast exam and mammogram		N/A	N/A	N/A	
	Had PAP smear in last 3 years		N/A	N/A	N/A	
	Colonoscopy (within 10 years)/ Sigmoidoscopy (within 5 years)/ FOBT (Within 1 year)		N/A	N/A	N/A	
	Use method of sun protection - adult			N/A	N/A	
	Use method of sun protection - children	N/A	N/A	N/A	N/A	
	Mortality rate breast cancer			N/A		
	Mortality rate cancer cervix uteri	N/A	N/A	N/A	N/A	
	Mortality rate cancer colon & rectum				N/A	
	Mortality rate cancer melanoma skin			N/A	N/A	
	Mortality rate cancer prostate			N/A		
Mortality rate trachea, bronchus, lungs				N/A		

Valley View Hospital						
Community Health Needs Assessment						
Health Issue	Measurement	Garfield	Eagle	Summit	Pitkin	State
Communicable Diseases	Had a flu shot in past 12 months	Red	Red	Red	Yellow	
	Ever had pneumonia vaccination	Red	Red	Red	Yellow	
	Hepatitis A incidence	Yellow	Red	N/A	Red	
	Hepatitis B incidence	Green	Green	Green	Green	
	New pertussis cases	Green	Green	N/A	Red	
	Tuberculosis incidence	Yellow	Yellow	Yellow	Yellow	Yellow
Diabetes	Adults told by doctors that they have diabetes (excludes gestational diabetes)	Yellow	Green	Green	Green	
	Diabetes death rates	Green	Green	N/A	N/A	
Heart Disease And Cerebrovascular Disease	Ever been told by a doctor, nurse, or other health professional that you have high blood pressure	Red	Green	Green	Red	
	Checked cholesterol in the past 5 years	Red	Red	Green	Green	
	High cholesterol rates	Red	Green	Green	N/A	
	Heart disease deaths	Red	Green	Green	Green	
	Cerebrovascular disease deaths	Green	Green	Green	Green	
Injury	Seat belt use	Red	Green	Red	Green	
	Motor vehicle deaths	Red	Red	N/A	Red	
	Fall related hospitalizations among older adults (age 65+)	Green	Green	Green	Green	
Mental Health	Mental health not good for 1-7 days in the last month	Yellow	Red	Yellow	Green	
	Mental health not good for 8 or more days in the last month	Yellow	Green	Green	Green	
	Suicide mortality rates	Yellow	Red	Green	Red	
Obesity, Nutrition, and Physical Activity	Overweight and obese adults	Green	Green	Green	Green	
	Overweight and obese children	Red	Red	Yellow	Green	
	Adults fruit and vegetable consumption 5 or more a day	Green	Green	Green	N/A	
	Children who ate fruit 2 or more times and vegetables 3 or more times in a day	Green	Green	Green	Green	

Valley View Hospital						
Community Health Needs Assessment						
Health Issue	Measurement	Garfield	Eagle	Summit	Pitkin	State
	Children who drank sweetened beverages one or more times per day	N/A	N/A	N/A	N/A	
	Adults: any physical activity in the past 30 days				N/A	
	Children who were physically active at least 60 minutes/day for the past 7 days	N/A	N/A	N/A	N/A	
	Children who watched TV, played videogames or on computer at least 2 hours a day or less	N/A	N/A		N/A	
Overall Health Status	General health					
	Physical health not good for 1-7 days in the past 30 days					
	Physical health not good for 8 or more days in the past 30 days					
	Infant mortality rates/1000 live births	N/A	N/A		N/A	
	Premature deaths	N/A	N/A		N/A	
Oral Health	Condition of teeth (children)					
	Third grade children with untreated tooth decay					
	Third grade children with sealants					
	Infants who get a checkup by age 1 year					
	Adults with tooth loss due to tooth decay and gum disease					
Sexual Health and HIV/AIDS	Unintended pregnancy					
	Teen fertility rate				N/A	
	Sexually active adults using birth control	N/A	N/A	N/A	N/A	
	Chlamydia incidence					
	Gonorrhea incidence				N/A	
	Tested for HIV					
	New cases of AIDS				N/A	
New cases of HIV			N/A			
Substance Abuse	Binge drinking rates					

Valley View Hospital						
Community Health Needs Assessment						
Health Issue	Measurement	Garfield	Eagle	Summit	Pitkin	State
	High risk drinking at least once in the past month	Yellow	Red	Red	Red	
	Drunk driving	Red	Yellow	N/A	N/A	
	Motor vehicle deaths due to alcohol	Red	Red	Green	Red	
	Chronic liver disease and cirrhosis death rates	Yellow	Green	N/A	Green	
Tobacco	Smoking rates	Yellow	Green	Green	Green	
	Smoking trends					Green
	Tobacco use among high school students					Red