Women's Health at Valley View Hospital **SAFE MEDICATIONS FOR PREGNANCY AND BREASTFEEDING**

Allergies: Congestion, Secezian, Rumy Nose, Inchy Watery Eyes, etc. Chilophenizamine: Chilor-Trimeton Cemastine: Tavist-1		JATE MEDICATIONS FOR I REUNANCI AND DREASTY	
Congestion, Senezing, Rumny Nose, Itchy/Watery Eyes, etc. Cold Compress on eyes	Symptom	Medication (Genertic & Brand Name)	What else?
Congestion, Senezing, Rumny Nose, Itchy/Watery Eyes, etc. Cold Compress on eyes	Allergies:	Diphenhydramine: Benadryl *NOT 1st 12 weeks of pregnancy	Avoid aggravating factors
Comparison Chapteria Twist-1 Artificial Tears (eye drops): Advanced Eye Relief, Saline Eye Drops Artificial Tears (eye drops): Advanced Eye Relief, Saline Eye Drops Saline Nasal Spray Ocean Spray Nasal Spray Page			
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No PEPTO-BISMOLL NO KAOPECTATE! Tylenol (Acetaminophen) Rest, Cool Compress, Increase fluid intake			IT'S COURSE!
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Indigestion, Bloating			
Bloating		Simetnicone: Mylicon, Gas-X, Phazyme	
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Cimetidine: Tagamet HB Famotidine: Pepcid and bloating	Bloating	Aluminum & Magnesium Hydroxide: Maalox	Wait to lie down after eating
Cimetidine: Tagamet HB Famotidine: Pepcid and bloating		Calcium & Magnesium Carbonate/with Simethicone: Mylanta/Mylanta Gas	Drink milk between meals
Headache Tylenol (Acetaminophen) Rest, Increase Fluid Intake			Avoid foods you know to cause gas
Hemorrhoids			
Hemorrhoids Pramoxine/Phenylephrine/Glycerin: Preparation H Hydrocortisone Cream: Anusol HC Witch Hazel: Tucks	Haadaaha		
Hydrocortisone Cream: Anusol HC Witch Hazel: Tucks Straining with Bowel Movement Sitz baths, Ice packs Increase Fluid Intake, Regular Exercise	неадаспе	Tylenoi (Acetaminopnen)	Rest, Increase Fluid Intake
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Mitch Hazel: Tucks Sitz baths, Ice packs Increase Fluid Intake, Regular Exercise	nemorrious		
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total and			
Infection *Call provider if symptoms do not resolve after medication completed! Fitting Pants	intection	Can provider it symptoms do not resolve after medication completed!	ritting Pants