

DETOX PROGRAMS

Recovery Resources

Aspen, Pitkin County Residents	970.379.0955
Recovery Resources Summit Detox (Frisco)	970.368.6502
Mind Springs Health Detox (Grand Junction)	970.683.7000

COMMUNITY HEALTH

Colorado Quite Line Tobacco Cessation	800.784.8669
Mountain Family Health Center Great Expectations	
Newborns	970.945.1234
Rocky Mountain Planned Parenthood	
Birth Control, Gynecology, Counseling	970.945.8631
Garfield Co. Public Health Nurse	970.625.5200 or 970.945.6614
Mountain Valley Developmental Services	
Developmental Delays	970.945.2306
VA Clinic Glenwood Pregnancy Resource Center	
Glenwood Springs	970.945.5562
Rifle	970.625.4181
Valley Settlement	970.963.0851

DIABETIC EDUCATORS & PROGRAMS

Diabetes Self-Management Education and Support	970.384.7555
Grand River Hospital	970.625.6200
Aspen Valley Hospital	970.544.7394
Internal Medicine at Valley View	970.384.6707

SUPPORT GROUPS

Pathfinders (grief)	970.925.1226
Coffee, Walk & Talk (cancer)	970.384.7582
Cancer Center Support Groups	VVH.org
Prostate Cancer Support	970.948.9606
Brain Injury Support Eagle County	970.343.0270

LOCAL SOCIAL SERVICES AGENCIES

Garfield County DHS	970.625.5282
Eagle County DHS	970.328.8840
Pitkin County DHS	970.429.2040
Alpine Legal Services	970.945.8858
Social Security Office	800.772.1213
Lift-Up	
Rifle	970.625.4888
New Castle	970.984.2115
Carbondale	970.963.1778

Local Social Services Agencies continued

Salvation Army	970.945.6976
Care Patrol (Partners with family to find placement)	720.675.8308 MountainSeniorServices@carepatrol.com Fax 888.505.2718
Advocate Safehouse Project Crisis Number	
Domestic Violence	970.945.2632
Catholic Charities and Asistencia Para Latinos	970.384.2060
Western Slope Veterans Coalition	
Eagle County	970.328.9674
Garfield County	970.989.0084
Pitkin County	970.429.6115

SHELTERS

Feed My Sheep (Glenwood)	970.928.8340
Grand Junction Homeless Shelter	970.256.9424

TRANSPORTATION

The Traveler	970.945.9117
Elias Transportation	970.989.2477
High Mountain Taxi	970.925.8294
Rockies Rides	970.456.3104
PATS (Parachute)	970.285.7630
Sober Buddy Shuttle (Meeker)	970.930.2091
Meeker Streaker (Meeker)	970.456.7701

EMERGENCY NUMBERS

Ambulance, Fire, Police	911
Poison Control Center	800.222.1222

Additional Western slope resources can be found at:
wc211.org or by calling 211 or 888.217.1215

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Community Resources and Services



VALLEY VIEW

1906 Blake Avenue
Glenwood Springs, CO 81601

970.945.6535 | VVH.ORG

Photo courtesy Glenwood Springs
Chamber Resort Association

Community Resources and Services

This list of community resources may be helpful as you return home.

The list is not a recommendation or endorsement by Valley View.

Should you have questions about this list, please contact the Case Management Office at 970.384.6780.

SENIOR SERVICES

Philips Lifeline/Medical Alert.....800.543.3546

Mom's Meals.....www.momsmeals.com

Meals On Wheels

Rifle.....970.625.6423

Eagle.....970.328.8840

Valley Meals and More.....970.274.2632

West Mountain Regional Health Alliance - Eagle, Garfield, Pitkin, CO.....westmountainhealthalliance.org

Senior and Disabled Housing

Golden Eagle - Eagle.....970.328.6970

Glenwood Manor I.....970.945.9326

Glenwood Manor II.....970.945.8322

Rifle Housing Authority.....970.625.3974

Sunnyside Retirement Ctr.....970.945.9234

Carbondale Housing Authority.....970.963.9326

Silt Senior Housing.....970.625.3589

Valley Senior Housing (Parachute).....970.625.3589

Garfield County Senior Programs

The Traveler; Nutrition; Senior Center RSVP.....970.945.9117

Eagle County Senior Center.....970.328.1005

HOME HEALTH CARE

Services of these agencies include nursing care, physical therapy, home health aides, speech and occupational therapy.

www.medicare.gov/homehealthcompare

Insurance accepted:

Abode Home Health Services

New Castle to Grand Junction.....970.540.0381

Home Care of the Valley (VA insurance only).....970.540.0381

Private duty:

Visiting Angels Living Assistance.....970.328.5526

Sopris Home Care.....970.230.9316

First Light Home Care.....970.945.9756

Abode Home Health Services

New Castle to Grand Junction.....970.540.0381

HOSPICE

Hospice of the Valley.....970.930.6008

Abode Hospice (Carbondale to Grand Junction).....970.658.8705

OXYGEN & EQUIPMENT

Oxygen, wheelchairs, beds, and other medical equipment rental/purchase

Aerocare (Silt).....970.876.1946

Fax 970.876.1909

AlpinAire Healthcare (Breckenridge).....970.453.8423

Fax 970.453.8417

Lincare (Grand Junction).....970.241.7744

Fax 866.320.0511

G&G Medical

Grand Junction.....970.245.9054

Fax 970.243.9028

Craig (*supports NW CO & Vernal*).....970.824.8347

Fax 970.824.2703

NURSING HOMES

www.medicare.gov/nursinghomecompare

Glenwood Springs Healthcare.....970.945.5476

Fax 970.366.3567

Grand River Care Center (Rifle).....970.625.1514

Fax 970.625.4482

Heritage Park Care Center

Carbondale.....970.963.1500

Memory Unit.....970.928.3235

Fax 970.928.3237

Colorado Veterans Nursing Home

Rifle (*also has Memory Unit*).....970.625.0842

Fax 970.625.3706

Castle Peak Senior Life and Rehabilitation

(*also has Memory Unit*).....970.989.2500

Fax 612.800.5424

ASSISTED LIVING

Whitcomb Terrace.....970.544.1530

Chateau at Rifle (accepts Medicaid).....970.625.4343

Heritage Park.....970.963.1500

Mesa Vista (accepts Medicaid).....970.285.1844

Castle Peak.....970.989.2500

Roaring Fork Senior Living (Memory Unit).....970.945.1121

Sopris Lodge (Memory Unit).....970.230.1468

REHABILITATION

Silt Rehab Services.....970.876.0900

Roaring Fork Physical Therapy.....970.927.9319

Heritage Therapy Services.....970.963.5765

Aspen Valley Hospital.....970.544.1177

Grand River Rehab.....970.625.6451

Personal Rehabilitation Center.....970.963.6600

Valley View Hospital (Outpatient).....970.384.7550

Eagle Rehab Services.....970.328.1540

New Castle Rehab Services.....970.984.9680

or 970.989.2500

SUBSTANCE ABUSE / MENTAL HEALTH

Alcoholics Anonymous.....888.333.9649

Discovery Café (*Substance Abuse*)

Basalt.....970.927.4666

Rifle.....719.650.5978

Mind Springs Health Crisis Line.....877.886.8192

Suicide Prevention Hotline.....844.493.8255

TEXT CO for Colorado specific at 741741 or Dial 988

Glenwood Springs

Alanon/ Alateen.....800.356.9996

Mountain Family Health Center.....970.945.2840

The Hope Center.....970.925.5858

Mind Springs Health.....970.945.2583

Momenta Recovery (*women only*).....970.930.6355

River Bridge Regional Center.....970.945.5195

Grand Junction

The Women's Recovery Center (*women only*).....970.245.4213

VA Hospital (*vets only*).....970.242.0731

West Springs Hospital.....970.263.4918

Circle Program.....970.245.4213

Eagle

The Hope Center.....970.306.4673

Rifle

Mountain Family Health Center.....970.945.2840

Aspen

A Way Out.....970.429.8605

The Hope Center.....970.925.5858

Aspen Strong.....aspensstrong.org

Carbondale

Aspire (*women only*).....970.445.0320

Jaywalker Lodge (*men only*).....970.704.9292